



Step 1
You've got the kit!



Step 2
Unfold the bag exposing the filter patch. This is where your mushrooms breath. Leave it in a spot away from direct sunlight and with high airflow. Ideally 22 degrees.



Step 3
Wait for full colonisation (the bag turning completely white).



Step 4
Clean a pair of scissors with warm soapy water.



Step 5
Cut the tip of the bag.



Step 6
Fold the right corner over the filter patch.



Step 7
Fold the left corner over the filter patch.



Step 8
Tape the top of the bag down tight.



Step 9
Clean a knife with warm soapy water.



Step 10

Cut a small x in the bag near the top on the opposite side to the taped flap.



Step 11

Lay the bag down flat in a place.



Step 12

Mist the bag as many times a day necessary to keep fine droplets on the x to trigger mushrooms to grow



Step 13

Stop misting when baby mushrooms start growing.



Step 14

Pick mushrooms before the caps start turning upward.



Step 15

Wash your hands with warm soapy water or wear a pair of gloves to prevent mold and bacteria growing on your block.



Step 16

Harvist by grabbing it by the base, twist and pull.



Step 17

Pick off any mushroom dabris from the x to prevent mold from growing.



Step 18

Boil water to kill any contamination and let it cool down completely.



Step 19

Fill a bowl up with the pre boiled water and submerge the bag for 2 hours. Make sure the x is submerged. This will ensure the block is hydrate to grow more mushrooms.



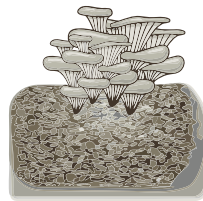
Step 20

Mist the bag as many times a day necessary to keep fine droplets on the x to trigger mushrooms to grow again.



Step 21

Pick mushrooms before the caps start turning upward. Mushrooms grow smaller every growth as nutrition depletes. Repeat step 14, 15, 16 & 17 once more.



Side top fruiting mushrooms

Intermediate to grow

Golden Enoki - 17-21°

Hard to grow

Chestnut - 12-21°C